

## Series (2 Races)

Race Date

June 05, 2022

## 5K

<u>Place</u>	<u>Name / Race</u>	<u>City / State</u>	<u>Age</u>	<u>Age Group</u>		<u>Time</u>	<u>Place*</u>
1	HEATHER GALLANT YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	WAYNE ME	41	40-44	Series Total:	<b>35:20.1</b> 17:29.4 17:50.7	<b>8</b> 2 6
2	ADAM BILODEAU YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	LEWISTON ME	16	15-19	Series Total:	<b>36:09.8</b> 17:51.2 18:18.5	<b>11</b> 3 8
3	ROGER CHAREST YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	AUBURN ME	27	25-29	Series Total:	<b>36:25.3</b> 18:01.0 18:24.2	<b>13</b> 4 9
4	OWEN VINCENT YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	AUBURN ME	16	15-19	Series Total:	<b>36:42.8</b> 18:12.0 18:30.7	<b>15</b> 5 10
5	KYLE SIMMONS YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	LEWISTON ME	36	35-39	Series Total:	<b>36:45.4</b> 18:28.0 18:17.4	<b>13</b> 6 7
6	ERIC DARLING YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	SHELBURNE VT	49	45-49	Series Total:	<b>37:09.3</b> 18:32.8 18:36.4	<b>19</b> 8 11
7	JUSTIN FORTIER YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	LEWISTON ME	29	25-29	Series Total:	<b>37:18.1</b> 18:38.1 18:40.0	<b>21</b> 9 12
8	JACOB NORRIS YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	NEW GLOUCESTER	30	30-34	Series Total:	<b>37:52.4</b> 18:39.7 19:12.6	<b>24</b> 10 14
9	JOE HALL YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	AUBURN ME	52	50-54	Series Total:	<b>39:22.7</b> 19:46.0 19:36.6	<b>31</b> 14 17
10	SARAH PRIBRAM YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	SHELBURNE VT	54	50-54	Series Total:	<b>40:25.4</b> 19:59.1 20:26.2	<b>37</b> 16 21
11	TODD MICHAUD YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	SABATTUS ME	50	50-54	Series Total:	<b>40:27.7</b> 20:00.1 20:27.5	<b>39</b> 17 22
12	RICK BLANCHETTE YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	LEWISTON ME	57	55-59	Series Total:	<b>41:38.3</b> 19:57.4 21:40.9	<b>42</b> 15 27
13	MATTHEW WALKER YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	POLAND ME	20	20-24	Series Total:	<b>42:04.0</b> 20:43.2 21:20.8	<b>44</b> 19 25
14	KATHARINE GARCIA YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	AUBURN ME	15	15-19	Series Total:	<b>42:40.2</b> 21:10.2 21:30.0	<b>49</b> 23 26
15	SEAN MCDONOUGH YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	STERLING MA	60	60-64	Series Total:	<b>42:55.3</b> 21:01.8 21:53.4	<b>48</b> 20 28

\*Overall Place

## Series (2 Races)

Race Date

June 05, 2022

## 5K

<u>Place</u>	<u>Name / Race</u>	<u>City / State</u>	<u>Age</u>	<u>Age Group</u>		<u>Time</u>	<u>Place*</u>
16	SHAWN VINCENT YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	AUBURN ME	47	45-49	Series Total:	<b>43:09.0</b> 21:06.8 22:02.1	<b>52</b> 22 30
17	ADAM WEST YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	AUBURN ME	39	35-39	Series Total:	<b>43:55.4</b> 21:56.7 21:58.7	<b>60</b> 31 29
18	JAMES BEARDSLEY YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	WESTBROOK ME	48	45-49	Series Total:	<b>43:57.7</b> 21:24.7 22:33.0	<b>61</b> 25 36
19	STEVEN DUBOIS YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	LISBON FALLS ME	49	45-49	Series Total:	<b>44:04.8</b> 21:28.9 22:35.8	<b>63</b> 26 37
20	ALEXANDER YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	NEW GLOUCESTER	17	15-19	Series Total:	<b>44:49.5</b> 22:18.6 22:30.9	<b>73</b> 38 35
21	KEVIN MITCHELL YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	TURNER ME	36	35-39	Series Total:	<b>44:57.0</b> 21:51.9 23:05.1	<b>71</b> 29 42
22	CHRISTOPHER VARNEY YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	POLAND ME	45	45-49	Series Total:	<b>45:16.4</b> 22:29.6 22:46.7	<b>81</b> 42 39
23	JOSEPH WHITE YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	MONMOUTH ME	37	35-39	Series Total:	<b>45:26.5</b> 23:17.7 22:08.8	<b>87</b> 55 32
24	TINA MESERVE YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	LIVERMORE ME	55	55-59	Series Total:	<b>45:31.5</b> 22:34.3 22:57.2	<b>84</b> 44 40
25	JONATHAN LABONTE YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	AUBURN ME	41	40-44	Series Total:	<b>45:45.3</b> 22:46.4 22:58.8	<b>87</b> 46 41
26	JOHN ST CYR YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	LEWISTON ME	54	50-54	Series Total:	<b>45:45.4</b> 22:32.9 23:12.5	<b>86</b> 43 43
27	JENNA PEDERSON YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	WILTON ME	30	30-34	Series Total:	<b>46:09.8</b> 22:54.7 23:15.1	<b>93</b> 49 44
28	EMILY QUINNELL YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	AUBURN ME	17	15-19	Series Total:	<b>46:09.9</b> 22:52.7 23:17.2	<b>94</b> 48 46
29	ELIZABETH NEIMAN YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	BANGOR ME	44	40-44	Series Total:	<b>46:14.3</b> 22:51.1 23:23.1	<b>95</b> 47 48
30	KYLE FISH YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	LEWISTON ME	14	11-14	Series Total:	<b>46:32.3</b> 22:29.3 24:03.0	<b>93</b> 41 52

\*Overall Place

## Series (2 Races)

Race Date

June 05, 2022

## 5K

<u>Place</u>	<u>Name / Race</u>	<u>City / State</u>	<u>Age</u>	<u>Age Group</u>		<u>Time</u>	<u>Place*</u>
31	CHRISTOPHER YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	LISBON ME	50	50-54	Series Total:	<b>46:40.8</b> 21:56.7 24:44.0	<b>92</b> 30 62
32	BROOKE BUOTTE YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	RUMFORD ME	17	15-19	Series Total:	<b>46:45.4</b> 23:28.2 23:17.1	<b>102</b> 57 45
33	OWEN MITCHELL YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	LEWISTON ME	18	15-19	Series Total:	<b>47:00.7</b> 22:21.5 24:39.2	<b>99</b> 39 60
34	PETER REARICK YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	HEBRON ME	70	70-74	Series Total:	<b>47:19.1</b> 23:10.4 24:08.6	<b>106</b> 53 53
35	LARRY LAROCHE YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	AUBURN ME	63	60-64	Series Total:	<b>47:20.7</b> 23:00.5 24:20.1	<b>108</b> 52 56
36	RICHARD BISSONNETTE YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	AUBURN ME	74	70-74	Series Total:	<b>47:28.4</b> 23:39.3 23:49.0	<b>110</b> 60 50
37	JOE PARENT YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	POLAND ME	55	55-59	Series Total:	<b>47:37.9</b> 22:56.7 24:41.1	<b>111</b> 50 61
38	STEPHANIE BEATTIE YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	BAR MILLS ME	41	40-44	Series Total:	<b>47:59.7</b> 22:59.8 24:59.9	<b>118</b> 51 67
39	BRIAN MARSTON YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	GREENE ME	38	35-39	Series Total:	<b>48:26.4</b> 24:05.9 24:20.4	<b>122</b> 64 58
40	BRAYDEN BEATTIE YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	BAR MILLS ME	11	11-14	Series Total:	<b>49:28.9</b> 24:30.3 24:58.5	<b>135</b> 69 66
41	BRYN DOIRON YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	WILTON ME	60	60-64	Series Total:	<b>49:31.8</b> 24:08.0 25:23.8	<b>135</b> 65 70
42	EMILY BARTLETT YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	MINOT ME	13	11-14	Series Total:	<b>49:44.5</b> 23:37.8 26:06.7	<b>144</b> 59 85
43	VIOLET VINCENT YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	AUBURN ME	14	11-14	Series Total:	<b>49:57.2</b> 24:05.2 25:51.9	<b>141</b> 63 78
44	DENIS DUBOIS YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	LEWISTON ME	71	70-74	Series Total:	<b>50:55.5</b> 25:02.1 25:53.4	<b>152</b> 73 79
45	TOM MENENDEZ YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	MONMOUTH ME	68	65-69	Series Total:	<b>51:13.1</b> 25:14.5 25:58.6	<b>160</b> 78 82

\*Overall Place

## Series (2 Races)

Race Date

June 05, 2022

## 5K

<u>Place</u>	<u>Name / Race</u>	<u>City / State</u>	<u>Age</u>	<u>Age Group</u>		<u>Time</u>	<u>Place*</u>
46	GRANT JEWETT YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	AUBURN ME	39	35-39	Series Total:	<b>51:21.6</b> 25:16.1 26:05.5	<b>163</b> 79 84
47	SHEREE JACKSON YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	LEWISTON ME	41	40-44	Series Total:	<b>51:22.8</b> 25:32.7 25:50.1	<b>157</b> 80 77
48	CARMEL HOWE YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	AUBURN ME	48	45-49	Series Total:	<b>51:30.4</b> 25:36.7 25:53.7	<b>162</b> 82 80
49	BRYCE BEATTIE YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	BAR MILLS ME	9	1-10	Series Total:	<b>51:45.5</b> 24:32.9 27:12.6	<b>172</b> 70 102
50	JON MENNEALY YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	SABATTUS ME	66	65-69	Series Total:	<b>52:08.1</b> 25:02.3 27:05.8	<b>173</b> 74 99
51	TED STRATMAN YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	LEWISTON ME	47	45-49	Series Total:	<b>52:14.4</b> 25:59.6 26:14.8	<b>179</b> 93 86
52	ISAAK ANOKYE YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	HEBRON ME	11	11-14	Series Total:	<b>52:37.2</b> 23:45.8 28:51.3	<b>197</b> 61 136
53	ABIGAIL MARSTON YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	GREENE ME	15	15-19	Series Total:	<b>53:01.5</b> 25:43.2 27:18.2	<b>192</b> 87 105
54	HALEY MARSTON YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	GREENE ME	15	15-19	Series Total:	<b>53:02.8</b> 25:44.6 27:18.2	<b>193</b> 89 104
55	CHAD PELLETIER YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	NORTH ANDOVER MA	47	45-49	Series Total:	<b>53:18.5</b> 29:41.9 23:36.5	<b>200</b> 151 49
56	WHITNEY BRITE YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	AUBURN ME	33	30-34	Series Total:	<b>53:21.7</b> 25:56.1 27:25.6	<b>204</b> 92 112
57	TAMMIE BOUCHARD YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	POLAND ME	51	50-54	Series Total:	<b>53:23.8</b> 26:28.0 26:55.7	<b>192</b> 95 97
58	HEIDI TAYLOR YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	AUBURN ME	48	45-49	Series Total:	<b>53:24.6</b> 26:53.0 26:31.6	<b>192</b> 102 90
59	ERIN DUNBAR YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	AUBURN ME	41	40-44	Series Total:	<b>53:29.3</b> 25:44.6 27:44.7	<b>209</b> 90 119
60	MIKE LECOMPTE YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	LEWISTON ME	61	60-64	Series Total:	<b>53:52.7</b> 26:36.2 27:16.4	<b>200</b> 97 103

\*Overall Place

## Series (2 Races)

Race Date

June 05, 2022

## 5K

<u>Place</u>	<u>Name / Race</u>	<u>City / State</u>	<u>Age</u>	<u>Age Group</u>		<u>Time</u>	<u>Place*</u>
61	EMELIA VINCENT YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	AUBURN ME	11	11-14	Series Total:	<b>54:27.2</b> 26:33.0 27:54.1	<b>216</b> 96 120
62	MACKENZIE ROUSSEAU YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	LEWISTON ME	24	20-24	Series Total:	<b>54:58.5</b> 27:39.9 27:18.6	<b>221</b> 114 107
63	ANGELA LAFRINEA YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	MINOT ME	45	45-49	Series Total:	<b>55:05.5</b> 27:03.6 28:01.8	<b>229</b> 106 123
64	MELINDA HARDER YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	AUBURN ME	67	65-69	Series Total:	<b>55:11.2</b> 27:45.6 27:25.6	<b>230</b> 119 111
65	CAYDEN MICHAUD YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	POLAND ME	14	11-14	Series Total:	<b>55:16.0</b> 27:42.9 27:33.0	<b>230</b> 117 113
66	DAWN LAPRELL YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	AUBURN ME	43	40-44	Series Total:	<b>55:16.5</b> 28:35.3 26:41.2	<b>226</b> 131 95
67	HENRY DUNTON YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	WAYNE ME	9	1-10	Series Total:	<b>55:17.6</b> 27:09.7 28:07.8	<b>234</b> 109 125
68	LAURIANE ELWELL YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	GREENE ME	32	30-34	Series Total:	<b>55:24.4</b> 27:40.9 27:43.4	<b>233</b> 115 118
69	CASEY BARNETT YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	MECHANIC FALLS ME	33	30-34	Series Total:	<b>55:25.9</b> 26:58.1 28:27.7	<b>234</b> 105 129
70	JEFFREY HOWE YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	MINOT ME	43	40-44	Series Total:	<b>55:43.8</b> 26:36.6 29:07.2	<b>238</b> 98 140
71	ANDREA VINCENT YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	AUBURN ME	46	45-49	Series Total:	<b>55:48.2</b> 27:31.2 28:17.0	<b>240</b> 113 127
72	NANCY WALKER YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	POLAND ME	56	55-59	Series Total:	<b>55:50.9</b> 27:04.2 28:46.7	<b>242</b> 107 135
73	PAULINE VEINOTE YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	AUBURN ME	55	55-59	Series Total:	<b>55:58.4</b> 27:57.2 28:01.1	<b>245</b> 123 122
74	BENJAMIN QUINNELL YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	AUBURN ME	47	45-49	Series Total:	<b>56:21.2</b> 27:16.3 29:04.9	<b>248</b> 110 138
75	VICKIE LAILER YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	SALEM TWP ME	56	55-59	Series Total:	<b>56:25.0</b> 27:29.6 28:55.3	<b>249</b> 112 137

\*Overall Place

## Series (2 Races)

Race Date

June 05, 2022

## 5K

<u>Place</u>	<u>Name / Race</u>	<u>City / State</u>	<u>Age</u>	<u>Age Group</u>		<u>Time</u>	<u>Place*</u>
76	STEPHEN JACOBS YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	GREENE ME	65	65-69	Series Total:	<b>56:27.0</b> 27:43.9 28:43.0	<b>251</b> 118 133
77	SAM HOWE YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	MINOT ME	15	15-19	Series Total:	<b>56:37.3</b> 26:57.4 29:39.8	<b>254</b> 104 150
78	KIMBRE VARNEY YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	AUBURN ME	32	30-34	Series Total:	<b>57:04.6</b> 30:26.7 26:37.9	<b>259</b> 166 93
79	ROGER AUDET YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	AUBURN ME	62	60-64	Series Total:	<b>58:04.7</b> 28:59.7 29:05.0	<b>278</b> 139 139
80	AMY ARATA YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	NEW GLOUCESTER	48	45-49	Series Total:	<b>58:22.7</b> 28:36.0 29:46.7	<b>284</b> 132 152
81	MARC LEPAGE YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	LEWISTON ME	49	45-49	Series Total:	<b>58:46.2</b> 27:41.5 31:04.7	<b>285</b> 116 169
82	ANN EDWARDS YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	LEEDS ME	71	70-74	Series Total:	<b>58:57.8</b> 29:24.6 29:33.2	<b>295</b> 147 148
83	MELISSA WILLIAMS YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	BOWDOIN ME	37	35-39	Series Total:	<b>59:08.9</b> 29:00.5 30:08.3	<b>295</b> 140 155
84	LAURI RIZZOLO YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	LEWISTON ME	41	40-44	Series Total:	<b>59:15.9</b> 29:25.0 29:50.9	<b>302</b> 148 154
85	ADAM SIKORA YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	LITCHFIELD ME	41	40-44	Series Total:	<b>59:20.0</b> 29:47.3 29:32.6	<b>301</b> 154 147
86	MATTHEW DESROSIERS YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	LEWISTON ME	42	40-44	Series Total:	<b>59:24.1</b> 28:57.5 30:26.5	<b>298</b> 138 160
87	GIDEON VARNEY YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	AUBURN ME	11	11-14	Series Total:	<b>59:43.6</b> 30:25.3 29:18.2	<b>309</b> 165 144
88	ADAM LEE YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	AUBURN ME	42	40-44	Series Total:	<b>59:57.4</b> 29:30.7 30:26.7	<b>310</b> 149 161
89	MICHAEL PELLETIER YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	SABATTUS ME	68	65-69	Series Total:	<b>1:00:09.6</b> 29:41.8 30:27.7	<b>312</b> 150 162
90	DECLAN HOWE YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	AUBURN ME	15	15-19	Series Total:	<b>1:00:15.5</b> 27:23.8 32:51.6	<b>303</b> 111 192

\*Overall Place

## Series (2 Races)

Race Date

June 05, 2022

## 5K

<u>Place</u>	<u>Name / Race</u>	<u>City / State</u>	<u>Age</u>	<u>Age Group</u>		<u>Time</u>	<u>Place*</u>
91	JILL BEAUCAGE YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	POLAND ME	47	45-49	Series Total:	<b>1:00:29.8</b> 29:53.0 30:36.8	<b>324</b> 159 165
92	SUE DUBOIS YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	LEWISTON ME	70	70-74	Series Total:	<b>1:00:51.2</b> 29:52.1 30:59.0	<b>325</b> 157 168
93	PHILIP VEILLEUX YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	GREENE ME	35	35-39	Series Total:	<b>1:00:56.6</b> 30:35.1 30:21.5	<b>327</b> 170 157
94	RALPH HARDER YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	AUBURN ME	74	70-74	Series Total:	<b>1:00:57.2</b> 29:42.4 31:14.8	<b>325</b> 152 173
95	DARLENE BEACH YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	AUBURN ME	70	70-74	Series Total:	<b>1:01:30.6</b> 29:58.4 31:32.2	<b>335</b> 161 174
96	ABBY BRITT YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	TOPSHAM ME	11	11-14	Series Total:	<b>1:01:53.0</b> 29:22.7 32:30.3	<b>332</b> 146 186
97	ALBERT CARPENTIER YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	LEWISTON ME	42	40-44	Series Total:	<b>1:02:10.3</b> 29:22.5 32:47.7	<b>336</b> 145 191
98	DAVID COLBY YOUNG YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	DANVILLE ME	69	65-69	Series Total:	<b>1:02:16.5</b> 30:29.0 31:47.5	<b>345</b> 168 177
99	HEIDI LACHAPPELLE YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	AUBURN ME	43	40-44	Series Total:	<b>1:02:25.4</b> 30:26.8 31:58.5	<b>346</b> 167 179
100	AMANDA FORTIER YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	WAYNE ME	37	35-39	Series Total:	<b>1:03:03.7</b> 28:20.1 34:43.6	<b>336</b> 129 207
101	RANDALL SMITH YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	GREENE ME	68	65-69	Series Total:	<b>1:03:04.9</b> 29:56.6 33:08.3	<b>355</b> 160 195
102	JENN HOWE YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	MINOT ME	40	40-44	Series Total:	<b>1:04:05.6</b> 31:55.1 32:10.5	<b>358</b> 177 181
103	THEODORE BRITT YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	TOPSHAM ME	47	45-49	Series Total:	<b>1:04:14.2</b> 30:20.8 33:53.3	<b>363</b> 164 199
104	BILL TROMMER YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	LEEDS ME	71	70-74	Series Total:	<b>1:04:47.1</b> 32:15.6 32:31.4	<b>368</b> 181 187
105	JOE BERRY YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	AUBURN ME	67	65-69	Series Total:	<b>1:05:12.9</b> 32:41.1 32:31.8	<b>373</b> 185 188

\*Overall Place

## Series (2 Races)

Race Date

June 05, 2022

## 5K

<u>Place</u>	<u>Name / Race</u>	<u>City / State</u>	<u>Age</u>	<u>Age Group</u>		<u>Time</u>	<u>Place*</u>
106	BILL BOUCHARD YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	POLAND ME	47	45-49	Series Total:	<b>1:05:35.5</b> 27:08.5 38:27.0	<b>346</b> 108 238
107	DERON TREADWELL YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	AUBURN ME	46	45-49	Series Total:	<b>1:06:01.8</b> 32:24.5 33:37.3	<b>379</b> 182 197
108	JASON LEE YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	CANTON ME	46	45-49	Series Total:	<b>1:06:33.8</b> 34:06.8 32:27.0	<b>384</b> 199 185
109	NANCY SHEA YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	LEWISTON ME	39	35-39	Series Total:	<b>1:06:39.7</b> 31:53.5 34:46.1	<b>383</b> 175 208
110	LINDSAY STRATTARD YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	NEW GLOUCESTER	42	40-44	Series Total:	<b>1:07:03.8</b> 35:58.1 31:05.7	<b>392</b> 222 170
111	NICK GORDON YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	BATH ME	42	40-44	Series Total:	<b>1:07:26.2</b> 31:47.8 35:38.4	<b>391</b> 173 218
112	MARIE VEESKY YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	AUBURN ME	68	65-69	Series Total:	<b>1:07:33.9</b> 32:42.8 34:51.1	<b>395</b> 186 209
113	AMANDA HIRD YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	LEWISTON ME	28	25-29	Series Total:	<b>1:08:13.8</b> 32:12.9 36:00.9	<b>401</b> 179 222
114	SHAWN HIRD YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	LEWISTON ME	31	30-34	Series Total:	<b>1:08:14.2</b> 32:13.4 36:00.8	<b>401</b> 180 221
115	SARA CARON YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	AUBURN ME	45	45-49	Series Total:	<b>1:08:29.0</b> 32:50.3 35:38.7	<b>406</b> 187 219
116	RENEE BREZOVSKY YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	AUBURN ME	47	45-49	Series Total:	<b>1:08:52.1</b> 34:11.2 34:40.8	<b>405</b> 200 205
117	JULIE CARR YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	ALBANY TWP ME	58	55-59	Series Total:	<b>1:09:56.5</b> 32:57.9 36:58.5	<b>417</b> 189 228
118	OLIVIA RICH YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	LEWISTON ME	29	25-29	Series Total:	<b>1:10:02.4</b> 34:27.3 35:35.1	<b>418</b> 203 215
119	CATHY HOUDE YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	LITCHFIELD ME	59	55-59	Series Total:	<b>1:10:38.5</b> 34:13.3 36:25.1	<b>427</b> 201 226
120	SUSAN WONG YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	LEWISTON ME	54	50-54	Series Total:	<b>1:10:44.4</b> 35:23.6 35:20.8	<b>428</b> 215 213

\*Overall Place



## Series (2 Races)

Race Date

June 05, 2022

## 5K

<u>Place</u>	<u>Name / Race</u>	<u>City / State</u>	<u>Age</u>	<u>Age Group</u>		<u>Time</u>	<u>Place*</u>
121	CHRISTINA CIFELLI YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	AUBURN ME	39	35-39	Series Total:	<b>1:10:47.9</b> 33:24.8 37:23.0	<b>423</b> 192 231
122	COREY MARTIN YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	LEWISTON ME	25	25-29	Series Total:	<b>1:11:34.3</b> 35:58.0 35:36.3	<b>438</b> 221 217
123	JENNY MARTIN YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	LEWISTON ME	23	20-24	Series Total:	<b>1:11:35.0</b> 35:58.9 35:36.1	<b>439</b> 223 216
124	TRICIA DUNTON YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	WAYNE ME	38	35-39	Series Total:	<b>1:11:40.8</b> 43:31.8 28:08.9	<b>395</b> 269 126
125	TYLER RANDALL YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	LEWISTON ME	13	11-14	Series Total:	<b>1:11:56.3</b> 42:21.3 29:34.9	<b>411</b> 262 149
126	CINDY BURTON YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	LEWISTON ME	48	45-49	Series Total:	<b>1:13:05.3</b> 34:37.7 38:27.6	<b>443</b> 204 239
127	ANGIE BULGIN YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	LEWISTON ME	28	25-29	Series Total:	<b>1:13:27.0</b> 35:05.8 38:21.1	<b>445</b> 209 236
128	FRANK ANGELICO YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	LEWISTON ME	29	25-29	Series Total:	<b>1:13:27.5</b> 35:05.9 38:21.6	<b>447</b> 210 237
129	ELLEN CIFELLI YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	AUBURN ME	76	75-99	Series Total:	<b>1:13:43.3</b> 37:30.4 36:12.8	<b>457</b> 232 225
130	COREY DILL YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	AUBURN ME	44	40-44	Series Total:	<b>1:14:09.5</b> 37:07.0 37:02.5	<b>457</b> 228 229
131	ALBERT DULAC YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	SABATTUS ME	74	70-74	Series Total:	<b>1:14:32.2</b> 35:41.3 38:50.8	<b>463</b> 219 244
132	SARAH FRANK YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	CANTON ME	47	45-49	Series Total:	<b>1:14:36.4</b> 37:29.9 37:06.5	<b>461</b> 231 230
133	MEGHAN JONES YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	LEWISTON ME	29	25-29	Series Total:	<b>1:15:08.8</b> 36:11.2 38:57.5	<b>471</b> 226 245
134	JAMES WEI YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	UPTON MA	42	40-44	Series Total:	<b>1:15:24.9</b> 38:30.3 36:54.6	<b>475</b> 248 227
135	DANIEL HOWE YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	MINOT ME	11	11-14	Series Total:	<b>1:15:47.6</b> 31:54.7 43:52.8	<b>444</b> 176 268

\*Overall Place

## Series (2 Races)

Race Date

June 05, 2022

## 5K

<u>Place</u>	<u>Name / Race</u>	<u>City / State</u>	<u>Age</u>	<u>Age Group</u>		<u>Time</u>	<u>Place*</u>
136	EVAN PAIONE YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	DURHAM ME	55	55-59	Series Total:	<b>1:16:27.4</b> 37:44.5 38:42.8	<b>478</b> 236 242
137	MARY-ELLEN PAIONE YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	DURHAM ME	53	50-54	Series Total:	<b>1:16:27.9</b> 37:43.4 38:44.5	<b>478</b> 235 243
138	SARAH NALE YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	WINSLOW ME	47	45-49	Series Total:	<b>1:18:10.9</b> 37:29.0 40:41.9	<b>489</b> 230 259
139	JENNIFER LABONTE YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	AUBURN ME	38	35-39	Series Total:	<b>1:19:12.9</b> 39:34.9 39:38.0	<b>500</b> 252 248
140	GRETCHEN DUNBAR YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	AUBURN ME	11	11-14	Series Total:	<b>1:19:57.7</b> 38:24.0 41:33.7	<b>507</b> 245 262
141	SAGE YARNEVICH YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	AUBURN ME	10	1-10	Series Total:	<b>1:20:05.8</b> 38:23.8 41:42.0	<b>507</b> 244 263
142	DEBBIE HOWE YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	WATERFORD ME	76	75-99	Series Total:	<b>1:20:12.1</b> 39:54.2 40:17.9	<b>507</b> 253 254
143	KEVIN CRAMP YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	POLAND ME	56	55-59	Series Total:	<b>1:20:37.8</b> 40:27.1 40:10.6	<b>508</b> 255 253
144	CHLOE BEAUCHESNE YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	GREENE ME	14	11-14	Series Total:	<b>1:20:51.2</b> 42:19.5 38:31.6	<b>501</b> 260 241
145	CHRISTOPHER JONES YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	LEWISTON ME	28	25-29	Series Total:	<b>1:22:47.7</b> 42:57.0 39:50.7	<b>516</b> 264 252
146	LAURA MORIN YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	AUBURN ME	52	50-54	Series Total:	<b>1:22:49.8</b> 38:28.9 44:20.8	<b>515</b> 246 269
147	CARIE AMOROSO YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	LEWISTON ME	50	50-54	Series Total:	<b>1:22:51.0</b> 38:29.4 44:21.5	<b>517</b> 247 270
148	HEIDI MCCARTHY YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	AUBURN ME	41	40-44	Series Total:	<b>1:25:57.8</b> 43:25.4 42:32.3	<b>532</b> 268 264
149	SHAWNEE TREADWELL YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	AUBURN ME	44	40-44	Series Total:	<b>1:26:00.7</b> 43:16.0 42:44.7	<b>533</b> 267 266
150	NIKKI WOODMAN YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	LEWISTON ME	35	35-39	Series Total:	<b>1:32:18.9</b> 43:08.4 49:10.4	<b>549</b> 266 283

\*Overall Place

## Series (2 Races)

Race Date

June 05, 2022

## 5K

<u>Place</u>	<u>Name / Race</u>	<u>City / State</u>	<u>Age</u>	<u>Age Group</u>		<u>Time</u>	<u>Place*</u>
151	ASHLEY GILBERT YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	LEWISTON ME	36	35-39	Series Total:	<b>1:33:10.0</b> 42:57.4 50:12.6	<b>550</b> 265 285
152	REBECCA TRACY YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	RAYMOND ME	67	65-69	Series Total:	<b>1:33:10.8</b> 45:39.4 47:31.3	<b>558</b> 278 280
153	FRANK KNIGHT YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	NEW GLOUCESTER	76	75-99	Series Total:	<b>1:33:14.5</b> 46:38.6 46:35.9	<b>560</b> 285 275
154	MICHAEL MCFADDEN YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	LEWISTON ME	58	55-59	Series Total:	<b>1:33:48.7</b> 45:42.0 48:06.7	<b>560</b> 279 281
155	CHELSEA BEAUDRY YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	LEWISTON ME	20	20-24	Series Total:	<b>1:34:42.3</b> 41:02.5 53:39.8	<b>549</b> 257 292
156	KELLY SYLVIA YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	LEWISTON ME	23	20-24	Series Total:	<b>1:34:42.9</b> 41:02.8 53:40.1	<b>551</b> 258 293
157	MAUREEN GOFF YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	NEW GLOUCESTER	74	70-74	Series Total:	<b>1:36:35.0</b> 49:21.9 47:13.0	<b>572</b> 295 277
158	JESSICA HUTCHINSON YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	LEWISTON ME	39	35-39	Series Total:	<b>1:37:54.9</b> 46:37.8 51:17.1	<b>572</b> 284 288
159	KASEY THERRIAULT YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	LEWISTON ME	32	30-34	Series Total:	<b>1:39:50.5</b> 48:33.9 51:16.6	<b>578</b> 291 287
160	ELIZA BRITT YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	TOPSHAM ME	44	40-44	Series Total:	<b>1:40:13.1</b> 48:55.3 51:17.8	<b>582</b> 293 289
161	JAMIE PERRON YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	LEWISTON ME	35	35-39	Series Total:	<b>1:41:42.7</b> 52:33.7 49:08.9	<b>589</b> 307 282
162	CHERITH REYES YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	LEWISTON ME	31	30-34	Series Total:	<b>1:49:02.0</b> 51:24.1 57:37.8	<b>599</b> 301 298
163	REBEKAH YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	AUBURN ME	43	40-44	Series Total:	<b>1:52:16.6</b> 1:01:49.6 50:27.0	<b>603</b> 317 286
164	COURTNEY YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	LEWISTON ME	38	35-39	Series Total:	<b>1:56:09.0</b> 57:30.9 58:38.0	<b>615</b> 312 303
165	GAYLE JOHNSON YMCA Fit Fest - The Greater L-A Triple Crown 5K Emily's Run	AUBURN ME	68	65-69	Series Total:	<b>1:58:13.2</b> 44:42.9 1:13:30.3	<b>582</b> 276 306

\*Overall Place

# Series (2 Races)

Race Date

June 05, 2022

## 5K

<u>Place</u>	<u>Name / Race</u>	<u>City / State</u>	<u>Age</u>	<u>Age Group</u>		<u>Time</u>	<u>Place*</u>
166	EILEEN FAIR	LEWISTON ME	75	75-99	Series Total:	<b>2:15:18.6</b>	<b>621</b>
	YMCA Fit Fest - The Greater L-A Triple Crown 5K					1:01:45.4	314
	Emily's Run					1:13:33.1	307

---

\*Overall Place